



Membership Options

I.S.F Gym

\$49

\$12.95 P/W Month to month

Includes:

- Unlimited Club Access
- Assessment
- 24/7 Club Access
- Fitness Programs
- 24/7 Access Card

I.S.F Gym Plus

\$49

\$16.95 P/W Month to month

Includes:

- Unlimited Group Classes
- Unlimited Club Access
- Full Fitness Assessment
- Re-Assessments
- Personalised Programs
- 24/7 Access Card

Hangar 4 MMA

\$49

\$47.50 P/W Month to month
\$37.50 P/W
12 Months

Includes:

- Unlimited Group Classes
- Unlimited Club Access
- Full Fitness Assessment
- Re-Assessments
- Personalised Programs
- All Martial Arts Classes
- 24/7 Access Card